

*A FRESH & HEALTHY
ALTERNATIVE*

THE *bistro* ON MAIN

www.thebistroonmain.com

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SOUPS

PRICE

ALL SOUPS ARE SERVED WITH OUR OWN CORNBREAD & WHIPPED HONEY BUTTER

ROASTED RED PEPPER & TOMATO BISQUE

\$6

FIRE ROASTED RED PEPPERS & TOMATOES MADE IN-HOUSE

SOUP DU JOUR

\$6

OUR CHEF'S OWN CREATION, MADE FRESH, PLEASE ASK SERVER

SALADS

ADD BLACKENED SALMON(4OZ) OR BLACKENED CHICKEN(4OZ) FOR \$4.5 OR 1 SHRIMP SKEWER FOR \$3 OR GRILLED STEAK(5OZ) FOR \$5 TO ANY SALAD

FULL APP

HOUSE SALAD

SPRING MIX TOPPED WITH ROASTED BEETS, TOMATOES, GRILLED RED PEPPERS & RED ONIONS. TOSSED IN OUR HOUSE BALSAMIC VINAIGRETTE

\$10

\$8

BABY SPINACH WITH PEAR & BRIE

DRESSED IN WHITE HONEY MUSTARD DRESSING GARNISHED WITH CANDIED PECANS, POACHED PEARS AND BRIE CHEESE

\$10

\$8

CAESAR WITH A TWIST

FRESH CUT ROMAINE HEARTS IN A ROASTED GARLIC DRESSING WITH FRESH CROUTONS, SHAVED PARMESAN & PROSCIUTTO CHIPS

\$10

\$8

CLASSIC GREEK

FRESH ROMAINE HEARTS IN OUR GREEK DRESSING WITH TOMATOES, CUCUMBERS, RED ONIONS, BLACK OLIVES & FETA CHEESE

\$10

\$8

FALL HARVEST SALAD

SPRING MIX TOSSED WITH OUR CRANBERRY SAGE DRESSING: TOPPED WITH AGED CHEDDAR, CANDIED PECANS, DRIED CRANBERRIES & APPLE SLICES

\$10

\$8

SEASONAL

FRESH IN-SEASON INGREDIENTS, PLEASE ASK SERVER

\$10

\$8

SOUP AND SALAD

CHOOSE EITHER SOUPS AND ANY SALAD SERVED WITH CORNBREAD AND BUTTER

\$11.5

SANDWICHES

PRICE

SANDWICHES AND WRAPS INCL. REG. FRIES OR ROSTI

SUB SWEET POTATO FRIES FOR \$1.5, SOUP FOR \$2, ANY SALAD FOR \$3 TO ALL SANDWICHES AND WRAPS *GLUTEN FREE AVAILABLE*

ROAST BEEF

\$12

SLOW ROASTED BEEF LAYERED ATOP HUMMUS ON OUR OWN EVERYTHING KAISER, GARNISHED WITH AGED CHEDDAR, AVOCADO & RED ONION

SMOKED CHICKEN SALAD

\$11

THE BISTRO'S OWN CHICKEN SALAD MADE WITH HONEY, SAGE & SMOKED CHICKEN, TOPPED WITH GREEN APPLE & BRIE ON A GRILLED EURO

GRILLED VEGETABLE

\$12

GRILLED ZUCCHINI, BELL PEPPERS, ROASTED TOMATOES, PORTABELLA MUSHROOMS, GOAT CHEESE & BABY SPINACH ON A GRILLED EURO

THE ULTIMATE B.A.T.

\$11

BACON STRIPS & BACON STRIPS WITH AVOCADO, TOMATOES & GARLIC AIOLI ON A CIABATTA

THE BISTRO CLUB

\$12

ROASTED CHICKEN BREAST, BACON, TOMATO SLICES, GRILLED RED PEPPER & SPRING MIX LETTUCE ON A CIABATTA WITH HONEY DIJON AND CHIP AIOLI

THANKSGIVING SANDWICH

\$11

ROASTED CHICKEN, GREEN APPLE, AGED CHEDDAR, & GARLIC AIOLI /CRAN SALSA ON A EURO

COUNTRY HAM MELT

\$12

A PILE OF SMOKED HAM & SWISS CHEESE MELTED WITH RED ONIONS, TOMATOES & HONEY DIJON/GAR AIOLI ON OUR OWN EVERYTHING KAISER

CRAB SALAD

\$11

OUR IN-HOUSE CRAB SALAD OPEN-FACED ATOP AVOCADO & MULTIGRAIN BAGUETTE CROSTINI

THE PHILLY

\$12

SLOW ROASTED BEEF SAUTÉED WITH ONIONS, MUSHROOMS & PEPPERS; WITH A BLEND OF SWISS & CHEDDAR CHEESES MELTED IN THE OVEN

GRILLED CHEESE CRAB MELT

\$11

A TWIST ON A CLASSIC, CRAB MEAT MELTED BETWEEN AGED CHEDDAR & SWISS CHEESES ON TEXAS TOAST DONE ON THE PANINI GRILL

RIB STEAK SANDWICH

\$17

THE ULTIMATE AAA RIB STEAK SANDWICH WITH CRUMBLLED GORGONZOLA CHEESE, SAUTÉED ONIONS & MUSHROOMS; ON A GARLIC BUTTER CIABATTA

ASK SERVER ABOUT OUR FEATURE SANDWICH(S)

PRICE

BISTRO BEEF DIP

TENDER BEEF ROASTED IN-HOUSE, SAUTEED MUSHROOMS & ONIONS, SERVED ON A WHOLE WHEAT GARLIC BAGUETTE TOPPED WITH SWISS CHEESE AND A SIDE OF AU JUS

\$13

MEDITERRANEAN SANDWICH

HUMMUS, AVOCADO, ROASTED RED PEPPERS, CUCUMBERS, ROASTED TOMATOES, FETA & BLACK OLIVE TAPENADE SERVED ON A CIABATTA AN ULTIMATE VEGETARIAN OPTION

\$12

WRAPS

CHIPOTLE CHICKEN CAESAR

FRESH CHICKEN BREAST & BACON SERVED WITH TOMATO, ONIONS & CHIPOTLE AIOLI

\$12

SMOTHERED BEEF WRAP

OUR OWN ROAST BEEF WITH ONIONS & MUSHROOMS SAUTÉED IN OUR IN-HOUSE BBQ SAUCE FINISHED WITH SWISS CHEESE, BABY SPINACH & ARUGULA

\$13

PESTO VEGETABLE WRAP

MARINATED & GRILLED MEDLEY OF SEASONAL VEGETABLES WITH ARUGULA & BABY SPINACH WITH OUR OWN PESTO CREAM CHEESE & FINISHED ON THE GRILL

\$12

SAVORY CREPES

ALL CREPES ARE SERVED WITH OUR OWN CORNBREAD OR FRUIT SALAD OR YOGURT & GRANOLA

SEAFOOD MEDLEY

CRAB, SHRIMP, MUSSELS, CLAMS, CALAMARI & SCALLOPS IN A WHITE WINE CREAM SAUCE

\$14

CHICKEN & WILD MUSHROOM

TENDER CHICKEN BREAST IN HEARTY WILD MUSHROOM CREAM SAUCE

\$14

GRILLED VEGETABLE

MARINATED AND GRILLED MEDLEY OF SEASONAL VEGETABLES WITH GOAT CHEESE

\$12

SWEET CREPES

NUTELLA & BANANA

CLASSIC CHOCOLATE & HAZELNUT NUTELLA WITH CARAMELIZED BANANAS

\$9

STRAWBERRY & CREAM CHEESE

FRESH STRAWBERRIES & CREAM CHEESE W/ OUR OWN STRAWBERRY SAUCE

\$9

APPLE & CHEDDAR

CARAMELIZED CINNAMON APPLE SLICES & AGED WHITE CHEDDAR

\$9

KIDS MENU

PRICE

ALL KIDS MENU ITEMS ARE SERVED WITH MILK, JUICE OR POP FOR \$2

KID'S PASTA WITH CHICKEN

\$6

FRESH ELBOW PASTA TOSSED WITH TOMATOES IN A BUTTER SAUCE TOPPED WITH PARMESAN

ADD CHICKEN FOR \$1.5

KID'S MAC & CHEESE

\$7

IN-HOUSE FIVE CHEESE SAUCE & FRESH PASTA

KID'S QUESADILLA

\$7

BUTTER CRISP TORTILLA WITH SWISS, CHEDDAR AND TOMATOES SERVED WITH SOUR CREAM AND SALSA

ADD CHICKEN FOR \$1.5

KID'S GRILLED CHEESE

\$6

ALL TIME CLASSIC GRILLED CHEESE SANDWICH SERVED WITH FRIES

KID'S FRENCH TOAST

\$7

CLASSIC FRENCH TOAST WITH REAL MAPLE SYRUP. COMES WITH YOGURT & GRANOLA OR A FRUIT CUP

SCRAMBLED EGG & ROSTI

\$6

2 EGGS SCRAMBLED & SERVED WITH POTATO ROSTI CAKES

KID'S SANDWICH

\$7

YOUR CHOICE OF ROAST BEEF & SWISS, HAM & CHEDDAR, OR CHICKEN SALAD SERVED BETWEEN TEXAS TOAST WITH LETTUCE & TOMATOES. INCLUDES A SIDE OF FRITES

KID'S SALADS

\$8

CHOOSE EITHER A CAESAR SALAD OR GREEK SALAD, WITH A CHOICE OF CHICKEN, SALMON OR GRILLED STEAK

KIDS MENU ARE FOR CHILDREN 12 AND UNDER

DINNER ENTREES

PRICE

ALL DINNER ENTREES ARE AVAILABLE AFTER 4PM

HEARTY BEEF STEW

A BISTRO ORIGINAL RECIPE STEW WITH CHUNKS OF BEEF, POTATOES, CARROTS & MUSHROOMS SERVED WITH A CIABATTA BUN

\$13

BACON MAC & CHEESE

FRESH PASTA, BACON & OUR OWN FIVE CHEESE SAUCE SERVED WITH YOUR CHOICE OF APPETIZER SOUP OR SALAD OR FRIES

\$15

CRAB MAC & CHEESE

FRESH PASTA, DELICATE CRAB MEAT & OUR OWN FIVE CHEESE SAUCE SERVED WITH YOUR CHOICE OF APPETIZER SOUP OR SALAD OR FRIES

\$15

BUFFALO SHRIMP MAC & CHEESE

OUR FAMOUS MAC WITH GRILLED SHRIMP TOSSED IN BUFFALO SAUCE TOPPED WITH GORGONZOLA CHEESE, SERVED WITH A CHOICE OF SIDES

\$16

RIB STEAK & FRITES

AAA 6OZ RIB STEAK GRILLED TO PERFECTION WITH FRITES & VEGETABLES
OR SUB FOR ANY SOUP, SALAD OR SWEET POTATO FRITES

\$17

STIR-FRIES

HEALTHY & DELICIOUS, OUR STIR-FRY IS MADE WITH 9 TYPES OF VEGETABLES (BROCCOLI, CAULIFLOWER, RED ONIONS, CARROTS, NAPA, SNOWPEAS, BOK CHOI, CELERY AND GREEN ONIONS) SERVED WITH YOUR CHOICE OF:

RED THAI CHILI SAUCE OR TERIYAKI SAUCE
EGG NOODLES OR JASMINE RICE

TOFU

\$14

CHICKEN

\$16

SALMON

\$16

SHRIMP (2 SKEWERS)

\$16

RIB STEAK

\$18

GLUTEN FREE OPTIONS AVAILABLE

L.L.B.O. LICENSED

WEEKEND BRUNCH (UNTIL 2PM)

ALL WEEKEND BRUNCH ITEMS ARE SERVED WITH A FRUIT CUP. ADD YOUR CHOICE OF TEA OR COFFEE FOR \$1.75

SKILLET FRITATTAS

ALL FRITATTAS ARE MADE WITH 4 EGGS & SERVED WITH POTATO ROSTI & SOUR CREAM

BISTRO CLASSIC FRITATTA

BABY SPINACH, PROSCIUTTO, & AGED CHEDDAR

PRICE

\$13

GREEK FRITATTA

BLACK OLIVES, BABY SPINACH, ROASTED TOMATOES, & FETA CHEESE

\$13

FRENCH FRITATTA

BALSAMIC GLAZED ONIONS & GORGONZOLA CHEESE

\$13

ITALIAN FRITATTA

ROASTED RED PEPPER, ROASTED TOMATO, CHORIZO SAUSAGE, & ASIAGO

\$13

FOUR CHEESE FRITATTA

AGED CHEDDAR, REGULAR CHEDDAR, GORGONZOLA, ASIAGO & BABY SPINACH

\$13

RANCHERA FRITATTA

HAM, CHEDDAR, SWEET ONIONS, & BELL PEPPERS, TOPPED WITH SALSA

\$13

MEAT LOVER'S FRITATTA

CHORIZO SAUSAGE, HAM, BACON, & CHEDDAR, TOPPED WITH A PROSCIUTTO CHIP

\$13

BRUNCH CLASSICS

BISTRO SIGNATURE FRENCH TOAST

CRANBERRY & RAISIN BREAD WITH A BUTTERMILK DIP & REAL MAPLE SYRUP

\$12

FRESH & HEALTHY PLATTER

2 POACHED EGGS, MULTIGRAIN BAGUETTE & FRUIT AND YOGURT PARFAIT

\$12

SMOKED DUCK EGGS BENEDICT

SMOKED DUCK BREAST WITH POACHED EGGS & ROASTED TOMATOES

\$10

SMOKED CHORIZO EGGS SARDOU

SPICY CHORIZO SAUSAGE WITH POACHED EGGS & ARTICHOKE HEARTS

\$10

SMOKED SALMON EGGS FLORENTINE

SMOKED SALMON WITH POACHED EGGS & WILTED SPINACH

\$10

CRAB SALAD AVOCADO BOWL

FRESH CRAB SALAD IN AVOCADO BOWLS WITH 2 POACHED EGGS & MULTIGRAIN BAGUETTE

\$13

HOT BEVERAGES

PRICES

ARTISAN COFFEE

HOUSE, BOLD, FLAVOUR, OR DECAF

SMALL	LARGE
\$2.25	\$2.5

ORGANIC TEAS

PLEASE ASK TO SEE OUR SELECTION OF NUMI ORGANIC TEAS

\$2.25

ESPRESSO

FRESH GROUND ESPRESSO BEANS

\$2.5	\$3.5
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CAPPUCCINO

MADE WITH YOUR CHOICE OF MILK

\$4

CHAI TEA LATTE,

LATTES & STEAMERS

MADE WITH YOUR CHOICE OF MILK & REGULAR AND SUGAR FREE SYRUPS. PLEASE ASK SERVER FOR FLAVOURS

\$4.25	\$4.75
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HOT CHOCOLATE

YOUR CHOICE OF MILK WITH GHIRARDELLI CHOCOLATE OR WHITE CHOCOLATE

\$4.25	\$4.75
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COLD BEVERAGES

FRESH SQUEEZED JUICE

ORANGE, GRAPEFRUIT, APPLE OR BLUEBERRY COCKTAIL OR FRESH SQUEEZED LEMONADE

\$3.5

MILK

SKIM, 2%, OR CHOCOLATE

\$3.25

SODA (355ML BOTTLE)

COCA-COLA, COKE ZERO, ICED TEA, GINGERALE OR SPRITE

\$3.5

BEER

PREMIUM DOMESTIC BEER

SLEEMAN DRAUGHT, SLEEMAN CLEAR

\$4.75

IMPORTED BEER

MGD, HEINEKEN

\$5.25

WINE (7OZ)

HOUSE WINES

PLEASE ASK SERVER

GLASS	BOTTLE
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\$7.5	\$24
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FEATURED WINES

PLEASE ASK SERVER

\$9.5	\$30
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